

EPA/DHA ESSENTIALS

ULTRA-PURE, MICROFILTERED FISH OIL CONCENTRATE

Description

EPA/DHA essentials is an ultra-pure, molecularly distilled fish oil concentrate that has been tested for environmental contaminants (heavy metals, PCBs, dioxins and furans), microbial contaminants, and oxidation and rancidity. It contains well below the strict limits for these criteria as established by the Council for Responsible Nutrition (CRN), Europea Pharmacoepeia (EP) and U.S. Pharmacoepeia (USP). DHA contributes to maintenance of normal vision and brain function. EPA and DHA contribute to the normal function of the heart.

Health Benefits and Product Features

- ✓ Provides 500 mg EPA/DHA per softgel
- ✓ Purified through a gentle, multi-step molecular distillation process
- ✓ Thoroughly tested for environmental contaminants (heavy metals, PCBs, dioxins and furans), microbial contaminants, and oxidation and rancidity
- ✓ Exceeds strict purity and quality guidelines established by the Council for Responsible Nutrition (CRN), European Pharmacoepeia (EP) and U.S. Pharmacoepeia (USP)
- ✓ DHA contributes to maintenance of normal vision and brain function
- ✓ EPA and DHA contribute to the normal function of the heart

Free From

All Pure Encapsulations® products are free-from: Wheat and gluten, Egg, Peanuts, Trans fats and hydrogenated oils, GMOs, Magnesium stearate, Titanium dioxide, Carrageenan, Coatings and shellacs, Artificial colors, flavors and sweeteners, Unnecessary binders, fillers and preservatives.



Gluten Free



Soy Free



Dairy Free

**Not suitable
for vegetarians
and vegans**



Nutritional Information

Serving size 1 softgel capsule

	Amount per Serving	% NRV*
Calories	10	
Calories from fat	10	
Total fat	1 g	2%
Cholesterol	< 5 mg	< 2%
Fish oil concentrate (from anchovies, sardines, mackerel)	1000 mg	
Providing:		
EPA (eicosapentaenoic acid)	300 mg	
DHA (docosahexaenoic acid)	200 mg	

*Nutrient Reference Value

Directions For Use

As a food supplement, take 1-2 capsules daily, with a meal, or as directed by a healthcare professional.

Ingredients

Fish oil concentrate, gelatin capsule (gelatin glycerin, water), natural tocopherols.

Product Code	Size	Serving Size	Servings per container
ED19UK	90	1 Softgel Capsule	90

Precautions

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Use only if safety seal is intact. Food supplements should not be used as a substitute for a varied diet. Do not exceed the stated daily dosage. Keep out of the reach of young children.