

B₁₂ (METHYLCOBALAMIN)

VITAMIN B₁₂ AS ACTIVE METHYLCOBALAMIN

Description

B₁₂ (Methylcobalamin) provides 1000 ug of vitamin B₁₂ as methylcobalamin. A Methylcobalamin is an activated form of vitamin B₁₂. Vitamin B₁₂ contributes to normal functioning of the nervous system and psychological function. Vitamin B₁₂ contributes to normal energy-yielding metabolism and the reduction of tiredness and fatigue.

Health Benefits and Product Features

- ✓ Features vitamin B₁₂ as methylcobalamin
- ✓ Provides 1000 ug in each vegetarian capsule
- ✓ Contributes to normal functioning of the nervous system and psychological function
- ✓ Contributes to normal homocysteine metabolism
- ✓ Contributes to normal red blood cell formation
- ✓ Contributes to the reduction of tiredness and fatigue

Free From

All Pure Encapsulations® products are free-from: Wheat and gluten, Egg, Peanuts, Trans fats and hydrogenated oils, GMOs, Magnesium stearate, Titanium dioxide, Carrageenan, Coatings and shellacs, Artificial colors, flavors and sweeteners, Unnecessary binders, fillers and preservatives.



Vegetarian



Vegan



Gluten Free



Soy Free



Dairy Free



Nutritional Information

Serving size one capsule

| | Amount per Serving | % NRV* |
|--|--------------------|--------|
| Vitamin B ₁₂ (as methylcobalamin) | 1000 ug | 40000% |

*Nutrient Reference Value

Directions For Use

As a food supplement, take 1 capsule daily, with a meal, or as directed by your healthcare professional.

Ingredients

Hypoallergenic plant fiber (microcrystalline cellulose), methylcobalamin. Vegetarian capsule (hydroxypropyl methyl cellulose).

| Product Code | Size | Serving Size | Servings per container |
|--------------|------|--------------|------------------------|
| MT6UK | 60 | 1 capsule | 60 |

Precautions

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Use only if safety seal is intact. Food supplements should not be used as a substitute for a varied diet. Do not exceed the stated daily dosage. Keep out of the reach of young children.