

BLACK CURRANT SEED OIL

HIGH QUALITY BLACK CURRANT SEED OIL

Description

Black Currant Seed Oil is a herbal extract from blackcurrant seed and is rich in nutrients including gamma linolenic acid (GLA). Black currant seed oil has undergone several unique clinical studies. Black currant seed is rich in polyunsaturated fatty acids, especially GLA. GLA is an essential fatty acid found in the fatty acid fractions of some plant seed oils.

Product Features

- ✓ Featuring black currant seed oil
- ✓ Each softgel provides 500 mg of Black currant seed oil
- ✓ A rich source of gamma linolenic acid (GLA)

Free From

All Pure Encapsulations® products are free-from: Wheat and gluten, Egg, Peanuts, Trans fats and hydrogenated oils, GMOs, Magnesium stearate, Titanium dioxide, Carrageenan, Coatings and shellacs, Artificial colors, flavors and sweeteners, Unnecessary binders, fillers and preservatives.



Gluten Free



Soy Free



Dairy Free

*Not suitable
for vegetarians
and vegans*



Nutritional Information

Serving size 1 softgel

| | Amount per Serving | % NRV* |
|--|--------------------|--------|
| Black currant (ribes nigrum) seed oil, fresh pressed, chemical-free extraction | 500 mg | |
| Providing 14% gamma linolenic acid (GLA) | 70 mg | |
| Vitamin E, 10 IU (as natural d-alpha-tocopherol) | 6.7 mg | 56% |

*Nutrient Reference Value

Directions For Use

As a food supplement, take 2-4 capsules daily, with meals, or as directed by your healthcare professional.

Ingredients

Black currant seed oil, natural d-alpha tocopherol. Gelatin capsule (gelatin, glycerin, water).

| Product Code | Size | Serving Size | Servings per container |
|--------------|------|--------------|------------------------|
| BL1UK | 100 | 1 softgel | 100 |

Precautions

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Use only if safety seal is intact. Food supplements should not be used as a substitute for a varied diet. Do not exceed the stated daily dosage. Keep out of the reach of young children.