

# BIOTIN 8 MG

FOR MAINTENANCE OF NORMAL HAIR AND SKIN

## Description

Biotin 8 mg features biotin, a water-soluble B-vitamin that contributes to the maintenance of normal hair and skin. Biotin also contributes to normal psychological and nervous system function. Each vegetarian capsule provides 8 mg daily, a dose consistent with clinical studies.

## Product Features

- ✓ Features biotin, a water-soluble B-vitamin
- ✓ Contributes to the maintenance of normal hair and skin
- ✓ Contributes to normal psychological and nervous system function
- ✓ Each vegetarian capsule provides 8 mg daily, consistent with clinical studies

## Free From

All Pure Encapsulations® products are free-from: Wheat and gluten, Egg, Peanuts, Trans fats and hydrogenated oils, GMOs, Magnesium stearate, Titanium dioxide, Carrageenan, Coatings and shellacs, Artificial colors, flavors and sweeteners, Unnecessary binders, fillers and preservatives.



Vegetarian



Vegan



Gluten Free



Soy Free



Dairy Free



## Nutritional Information

Serving size 1 capsule

	Amount per Serving	% NRV*
Biotin	8 mg	16,000 %

\*Nutrient Reference Value

## Directions For Use

As a food supplement, take 1 capsule daily, with a meal, or as directed by your healthcare professional.

## Ingredients

Hypoallergenic plant fiber (microcrystalline cellulose), biotin. Vegetarian capsule (hydroxypropyl methyl cellulose).

Product Code	Size	Serving Size	Servings per container
BI6UK	60	1 capsule	60

## Precautions

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Use only if safety seal is intact. Food supplements should not be used as a substitute for a varied diet. Do not exceed the stated daily dosage. Keep out of the reach of young children.