

BUFFERED ASCORBIC ACID

GENTLE VITAMIN C

Description

Buffered Ascorbic Acid combines calcium ascorbate, magnesium ascorbate, and potassium ascorbate to create a neutral pH vitamin C for sensitive individuals. Vitamin C contributes to normal psychological function and functioning of the nervous system. Vitamin C contributes to the reduction of tiredness and fatigue.

Product Features

- ✓ Neutral pH vitamin C for sensitive individuals
- ✓ Provides 480 mg vitamin C in each capsule
- ✓ Combines calcium ascorbate, magnesium ascorbate, and potassium ascorbate
- ✓ Contributes to the normal function of the immune system
- ✓ Contributes to normal collagen formation for the normal function of blood vessels, bones, gums, skin teeth and cartilage
- ✓ Contributes to normal psychological function and functioning of the nervous system
- ✓ Protects cells from oxidative stress
- ✓ Contributes to the reduction of tiredness and fatigue
- ✓ Increases iron absorption

Free From

All Pure Encapsulations® products are free-from: Wheat and gluten, Egg, Peanuts, Trans fats and hydrogenated oils, GMOs, Magnesium stearate, Titanium dioxide, Carrageenan, Coatings and shellacs, Artificial colours, flavours and sweeteners, Unnecessary binders, fillers and preservatives.



Vegetarian Vegan Gluten Free Soy Free Dairy Free

Precautions

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Use only if safety seal is intact. Food supplements should not be used as a substitute for a varied diet. Do not exceed the stated daily dosage. Keep out of the reach of young children.



Nutritional Information

Serving size 1 capsule

	Amount per Serving	% NRV*
Vitamin C (as calcium ascorbate, magnesium ascorbate and potassium ascorbate)	480 mg	600%
Calcium (from calcium ascorbate)	93 mg	12%
Magnesium (from magnesium ascorbate)	51 mg	14%
Potassium (from potassium ascorbate)	21 mg	1%

*Nutrient Reference Value

Directions For Use

As a food supplement, take 1 capsule, 1–4 times daily, with or between meals, or as directed by a health professional.

Ingredients

Magnesium ascorbate, calcium ascorbate, potassium ascorbate, ascorbyl palmitate. Vegetarian capsule (hydroxypropyl methyl cellulose).

Product Code	Size	Serving Size	Servings per container
AB23UK AB29UK AB22UK	30, 90, 250	1 capsule	30, 90, 250